



# **Healthy Youth Survey 2008 Survey Results**

**Yakima County**

**Grade 6**

RMC Research Corporation  
111 SW Columbia Street, Suite 1200  
Portland, OR 97201

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# Healthy Youth Survey 2008 Survey Results

## *Yakima County, Grade 6*

<b><i>Number of students surveyed:</i></b>	<b>3487</b>
<b><i>Number of valid responses:</i></b>	<b>3361</b>
<b><i>Estimate of enrolled students:*</i></b>	<b>3564</b>
<b><i>Survey participation rate:**</i></b>	<b>94%</b>

### ***Introduction and Overview***

The impact of adolescent health risk behaviors remains a primary concern of citizens throughout the country. Many health problems experienced by adolescents are caused by a very few preventable behaviors. Patterns of alcohol, tobacco, and other drug (ATOD) use and related risk behaviors are often formed during adolescence. These patterns play an important role in health throughout adulthood.

This report presents results from the fall 2008 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health (DOH); Office of Superintendent of Public Instruction; the Department of Social and Health Services; the Department of Community, Trade and Economic Development; the Family Policy Council; and the Liquor Control Board in cooperation with schools throughout the state of Washington.

For each item, local results appear in the first two columns and statewide results appear in the second two columns. The number of valid responses (“*n*”) appears in parentheses for each item. Survey items covering the same topics are grouped together (the item numbering is specific to this report and does not necessarily reflect the item order on the actual survey). The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site (<http://www.hys.wa.gov/>).

Survey participation rates can be found on the Healthy Youth Survey web site. The following guidance from DOH may be used when reviewing your results. However, if a particular group(s) of students did not complete the survey and therefore did not contribute to your results, there may be limitations to your results even if you have a high participation rate (i.e., if differences exist between students who *did* and who *did not* complete the survey). There may be value in discussing the potential limitations when using the results in this report.

- 70% or greater participation—Results are probably representative of students in this grade.
- 40–69% participation—Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

### **Key to the Notes**

The survey was administered in 3 versions. Forms A and B were administered to students in Grades 8, 10, and 12. These two forms contained a core set of common items (see “List of Core Items” on the last page of this report) and additional items unique to each form. Form C was administered to students in Grade 6. This form consisted primarily of items drawn from Forms A and B but also included some unique items. Several items on each form were optional at the discretion of the school; schools that did not administer the optional items tore off the last page of the survey booklet. The following notes are used throughout this report to document the differences between the items on different versions and indicate the optional items:

A = wording on Form A

B = wording on Form B

C = wording on Form C

† = optional item

\* Estimate of enrolled students based on 2007–2008 figures from OSPI (or later if not available for that period).

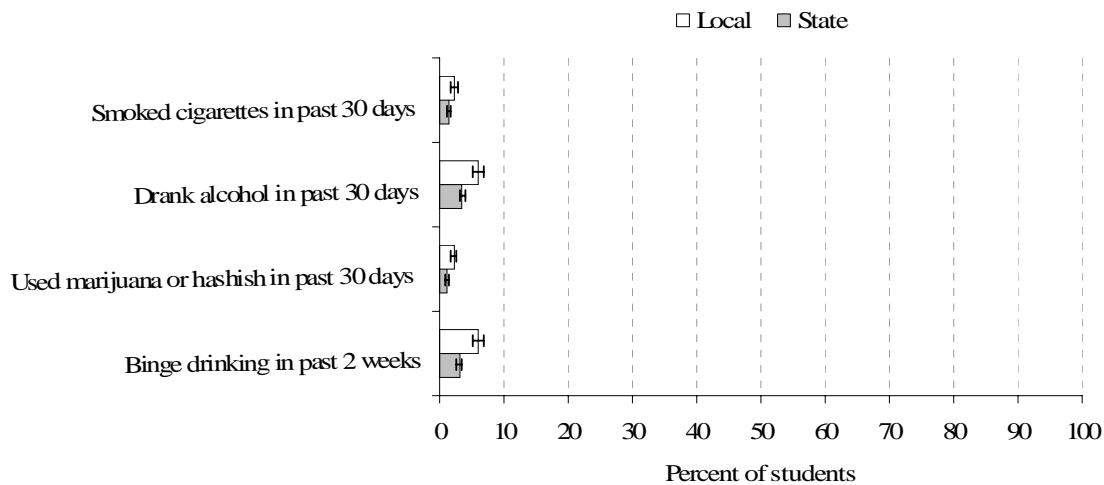
\*\* Participation rate = valid responses ÷ enrolled students (may be >100% if enrollment greater in 2008 than 2007).

### Highlights of the Local Results

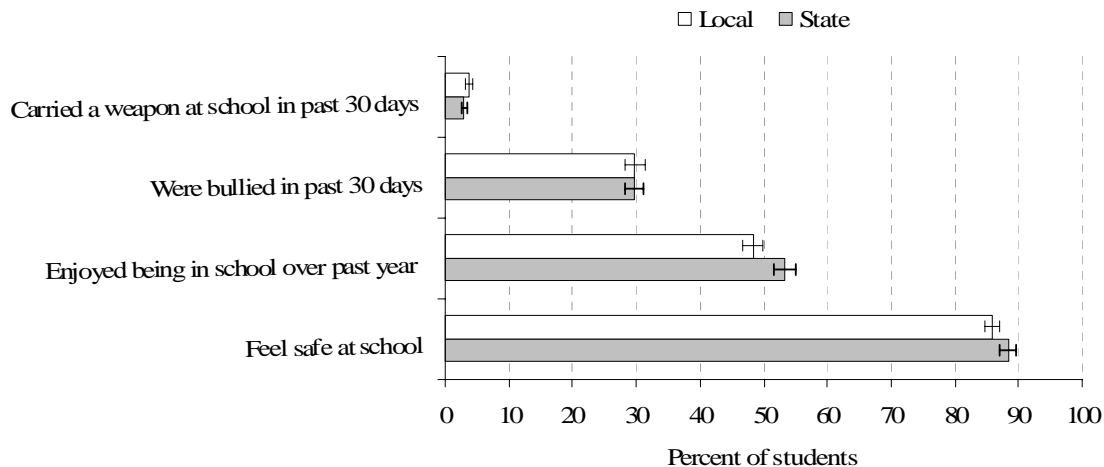
Your students and students statewide reported the following behaviors and attitudes:

	Your students	Statewide
▪ Smoking cigarettes in the past 30 days (see item 21).	2.2% (± 0.5%)	1.4% (± 0.3%)
▪ Drinking alcohol in the past 30 days (see item 28).	6.0 (± 0.8)	3.5 (± 0.5)
▪ Using marijuana or hashish in the past 30 days (see item 29).	2.2 (± 0.5)	1.2 (± 0.3)
▪ Drinking five or more drinks in a row in the past 2 weeks (see Item 60).	6.0 (± 0.8)	3.0 (± 0.5)
▪ Carrying a weapon at school in the past 30 days (see item 109, 110).	3.8 (± 0.7)	3.0 (± 0.4)
▪ Being bullied in the past 30 days (see item 130).	29.7 (± 1.6)	29.7 (± 1.4)
▪ Enjoyed being in school over the past year (see item 193).	48.3 (± 1.7)	53.4 (± 1.7)
▪ Feeling safe at school (see item 204).	85.9 (± 1.2)	88.3 (± 1.4)

#### Substance Use



#### Bullying and School Climate



## Selected Results by Gender

Selected items are presented by gender to highlight any differences between females and males. The p-values reported after each item can be used to examine whether differences in the local data between females and males are statistically significant. To ensure student anonymity, local results are suppressed for each item on this page if any cell (e.g., females who reported smoking) represented fewer than 10 students.

During the past 30 days, on how many days did you smoke cigarettes? (See item 21.)

None  
1 or more

Local (n = 3,203)		State (n = 8,632)	
Female	Male	Female	Male
98.1%	97.5%	98.6%	98.5%
1.9	2.5	1.4	1.5

Note.  $p = .267$  from a chi-square test.

During the past 30 days, on how many days did you drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)? (See item 28.)

None  
1 or more

Local (n = 3,192)		State (n = 8,629)	
Female	Male	Female	Male
94.8%	93.3%	97.1%	95.9%
5.2	6.8	2.9	4.1

Note.  $p = .061$  from a chi-square test.

Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.) (See item 60.)

None  
Once or more

Local (n = 3,161)		State (n = 8,520)	
Female	Male	Female	Male
94.6%	93.3%	97.2%	96.8%
5.4	6.7	2.8	3.2

Note.  $p = .104$  from a chi-square test.

During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (See item 119.)

[Only on the secondary version of the survey.]

In the last 30 days, how often have you been bullied? (See item 130.)

I have not been bullied  
Once or more

Local (n = 3,141)		State (n = 8,454)	
Female	Male	Female	Male
70.9%	69.7%	70.2%	70.5%
29.1	30.3	29.8	29.5

Note.  $p = .459$  from a chi-square test.

I feel safe at my school. (See item 204.)

No  
Yes

Local (n = 3,269)		State (n = 8,808)	
Female	Male	Female	Male
12.3%	15.9%	9.8%	13.5%
87.7	84.2	90.2	86.5

Note.  $p = .003$  from a chi-square test.

## General Information

[Item 1 appears only on the secondary version of the survey.]

	Local (n = 3,356)	State (n = 9,045)
2. How old are you?		
a. 10 or younger	1.9% (± 0.5%)	2.2% (± 0.4%)
b. 11	64.1 (± 1.6)	71.4 (± 1.2)
c. 12	31.7 (± 1.6)	25.4 (± 1.1)
d. 13	2.3 (± 0.5)	0.9 (± 0.2)
e. 14	0.0 (± 0.1)	0.0 (± 0.0)
f. 15 or older	0.1 (± 0.1)	0.0 (± 0.0)

	Local (n = 3,350)	State (n = 9,042)
3. Are you:		
a. Female	50.4% (± 1.7%)	50.0% (± 1.2%)
b. Male	49.6 (± 1.7)	50.0 (± 1.2)

	Local (n = 3,275)	State (n = 8,791)
4. How do you describe yourself? (Select one or more responses.)		
a. American Indian or Alaskan Native	6.1% (± 0.8%)	5.5% (± 1.0%)
b. Asian or Asian American	1.7 (± 0.4)	6.7 (± 1.5)
c. Black or African-American	1.6 (± 0.4)	4.0 (± 1.0)
d. Hispanic or Latino/Latina	48.1 (± 1.7)	12.6 (± 4.2)
e. Native Hawaiian or other Pacific Islander	0.5 (± 0.2)	1.5 (± 0.4)
f. White or Caucasian	19.3 (± 1.4)	43.0 (± 3.5)
g. Other	14.4 (± 1.2)	16.6 (± 1.3)
<i>More than one race/ethnicity marked</i>	8.5 (± 1.0)	10.2 (± 0.9)

[Item 5 appears only on the secondary version of the survey.]

	Local (n = 3,277)	State (n = 8,902)
6. What language is usually spoken in the home?		
a. English	59.2% (± 1.7%)	83.5% (± 3.9%)
b. Spanish	39.7 (± 1.7)	10.7 (± 4.0)
c. Other	1.2 (± 0.4)	5.9 (± 1.2)

[Items 7–9 appear only on the secondary version of the survey.]

	Local (n = 2,907)	State (n = 7,815)
10. How honest were you in filling out this survey?		
a. I was very honest	86.6% (± 1.2%)	90.7% (± 0.7%)
b. I was honest pretty much of the time	10.6 (± 1.1)	8.1 (± 0.7)
c. I was honest some of the time	2.8 (± 0.6)	1.2 (± 0.3)
d. I was honest once in a while		Surveys pulled
e. I was not honest at all		Surveys pulled

## Alcohol, Tobacco, and Other Drug Use

Alcohol, tobacco, and other drug use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. The economic costs of ATOD use are enormous (in Washington State an estimated \$1.81 billion in 1990 and \$2.54 billion in 1996). Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

### Lifetime Use

[Item 11 appears only on the secondary version of the survey.]

12.	Have you ever smoked a whole cigarette? (Computed from item 39 or 40.)	Local ( <i>n</i> = 3,188)	State ( <i>n</i> = 8,591)
	a. No	95.0% (± 0.8%)	96.2% (± 0.6%)
	b. Yes	5.1 (± 0.8)	3.8 (± 0.6)
13.	Have you ever had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? (Computed from item 213 or 214.)	Local ( <i>n</i> = 3,165)	State ( <i>n</i> = 8,525)
	a. No	66.7% (± 1.6%)	70.8% (± 1.4%)
	b. Yes	33.3 (± 1.6)	29.2 (± 1.4)
14.	Have you ever smoked marijuana? (Computed from item 210 or 211.)	Local ( <i>n</i> = 3,183)	State ( <i>n</i> = 8,588)
	a. No	95.9% (± 0.7%)	97.3% (± 0.5%)
	b. Yes	4.1 (± 0.7)	2.7 (± 0.5)

[Items 15–17 appear only on the secondary version of the survey.]

18.	Have you ever, even once in your lifetime, used inhalants (things you sniff to get high)?	Local ( <i>n</i> = 3,166)	State ( <i>n</i> = 8,563)
	a. Yes	3.6% (± 0.6%)	2.9% (± 0.4%)
	b. No	96.4 (± 0.6)	97.1 (± 0.4)
19.	Have you ever, even once in your lifetime, used other illegal drugs?	Local ( <i>n</i> = 3,171)	State ( <i>n</i> = 8,574)
	a. Yes	4.0% (± 0.7%)	3.8% (± 0.5%)
	b. No	96.0 (± 0.7)	96.2 (± 0.5)

**30-Day Use (Use in the Past 30 Days)**

[Item 20 appears only on the secondary version of the survey.]

*During the past 30 days, on how many days did you:*

	Local (n = 3,212)	State (n = 8,652)
21. Smoke cigarettes?		
a. None	97.8% (± 0.5%)	98.6% (± 0.3%)
b. 1–2 days	1.3 (± 0.4)	0.8 (± 0.2)
c. 3–5 days	0.4 (± 0.2)	0.3 (± 0.1)
d. 6–9 days	0.1 (± 0.1)	0.1 (± 0.1)
e. 10–29 days	0.1 (± 0.1)	0.1 (± 0.1)
f. All 30 days	0.3 (± 0.2)	0.1 (± 0.1)
<i>Any use in past 30 days</i>	2.2 (± 0.5)	1.4 (± 0.3)

	Local (n = 3,189)	State (n = 8,611)
22. Use chewing tobacco, snuff, or dip?		
a. None	98.4% (± 0.4%)	98.9% (± 0.2%)
b. 1–2 days	0.9 (± 0.3)	0.6 (± 0.2)
c. 3–5 days	0.4 (± 0.2)	0.2 (± 0.1)
d. 6–9 days	0.1 (± 0.1)	0.1 (± 0.1)
e. 10–29 days	0.0 (± 0.1)	0.1 (± 0.1)
f. All 30 days	0.2 (± 0.2)	0.1 (± 0.1)
<i>Any use in past 30 days</i>	1.6 (± 0.4)	1.1 (± 0.2)

[Items 23–27 appear only on the secondary version of the survey.]

	Local (n = 3,200)	State (n = 8,648)
28. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?		
a. None	94.0% (± 0.8%)	96.5% (± 0.5%)
b. 1–2 days	4.5 (± 0.7)	2.6 (± 0.4)
c. 3–5 days	0.9 (± 0.3)	0.4 (± 0.1)
d. 6–9 days	0.2 (± 0.2)	0.2 (± 0.1)
e. 10 or more days	0.4 (± 0.2)	0.3 (± 0.1)
<i>Any use in past 30 days</i>	6.0 (± 0.8)	3.5 (± 0.5)

	Local (n = 3,192)	State (n = 8,625)
29. Use marijuana or hashish (grass, hash, pot)?		
a. None	97.8% (± 0.5%)	98.8% (± 0.3%)
b. 1–2 days	1.4 (± 0.4)	0.7 (± 0.2)
c. 3–5 days	0.4 (± 0.2)	0.3 (± 0.1)
d. 6–9 days	0.1 (± 0.1)	0.1 (± 0.1)
e. 10 or more days	0.3 (± 0.2)	0.2 (± 0.1)
<i>Any use in past 30 days</i>	2.2 (± 0.5)	1.2 (± 0.3)

[Items 30–35 appear only on the secondary version of the survey.]

**Other Tobacco-Related Questions**

[Item 36 appears only on the secondary version of the survey.]

37.	If one of your best friends offered you a cigarette, would you smoke it?	Local (n = 3,124)	State (n = 8,350)
a.	Definitely no	87.9% (± 1.1%)	91.0% (± 0.9%)
b.	Probably no	8.5 (± 1.0)	6.3 (± 0.7)
c.	Probably yes	2.9 (± 0.6)	2.0 (± 0.4)
d.	Definitely yes	0.7 (± 0.3)	0.8 (± 0.2)

38.	Do you think that you will smoke a cigarette anytime in the next year?	Local (n = 3,114)	State (n = 8,340)
a.	Definitely no	86.4% (± 1.2%)	90.0% (± 1.1%)
b.	Probably no	9.5 (± 1.0)	7.3 (± 0.7)
c.	Probably yes	3.3 (± 0.6)	1.9 (± 0.3)
d.	Definitely yes	0.8 (± 0.3)	0.9 (± 0.3)

[Item 39 appears only on the secondary version of the survey.]

40.	How old were you the first time you smoked a whole cigarette?	Local (n = 3,188)	State (n = 8,591)
a.	Never have	95.0% (± 0.8%)	96.2% (± 0.6%)
b.	10 or younger	3.3 (± 0.6)	2.4 (± 0.5)
c.	11	1.0 (± 0.4)	0.9 (± 0.2)
d.	12	0.5 (± 0.3)	0.3 (± 0.1)
e.	13 or older	0.2 (± 0.2)	0.2 (± 0.1)

41.	Have made a firm commitment to not smoke cigarettes; i.e., not susceptible to smoking. (Computed from both items 37 and 38).	Local (n = 3,118)	State (n = 8,338)
a.	Yes, not susceptible	83.0% (± 1.3%)	87.4% (± 1.2%)
b.	No, susceptible	17.0 (± 1.3)	12.7 (± 1.2)

42.	Do you think young people risk harming themselves if they smoke 1–5 cigarettes a day?	Local (n = 3,014)	State (n = 8,031)
a.	Definitely no	11.2% (± 1.1%)	6.6% (± 0.9%)
b.	Probably no	6.1 (± 0.8)	4.6 (± 0.5)
c.	Probably yes	26.6 (± 1.6)	26.0 (± 1.0)
d.	Definitely yes	56.2 (± 1.8)	62.8 (± 1.7)

43.	During the past year in school, how many times did you get information in classes about the dangers of tobacco use?	Local (n = 3,327)	State (n = 8,921)
a.	None	18.6% (± 1.3%)	21.0% (± 2.5%)
b.	Once	14.0 (± 1.2)	17.5 (± 1.6)
c.	2 or 3 times	32.0 (± 1.6)	30.3 (± 1.8)
d.	4 or more times	35.4 (± 1.6)	31.3 (± 3.8)

44.	During the past year, did you practice ways to say NO to tobacco in any of your classes (for example, by role playing)?	Local (n = 3,335)	State (n = 8,948)
a.	Yes	44.6% (± 1.7%)	43.4% (± 4.4%)
b.	No	31.4 (± 1.6)	33.8 (± 3.1)
c.	Not sure	24.1 (± 1.5)	22.8 (± 1.8)

[Items 45–47 appear only on the secondary version of the survey.]

48.	Do you think the smoke from other people's cigarettes (secondhand smoke) is harmful to you?		
		Local ( <i>n</i> = 2,936)	State ( <i>n</i> = 7,884)
a.	Definitely no	9.3% (± 1.1%)	6.5% (± 0.7%)
b.	Probably no	3.9 (± 0.7)	5.1 (± 0.7)
c.	Probably yes	23.2 (± 1.5)	27.1 (± 1.6)
d.	Definitely yes	63.6 (± 1.7)	61.3 (± 1.9)

[Item 49 appears only on the secondary version of the survey.]

50.	Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?		
		Local ( <i>n</i> = 2,944)	State ( <i>n</i> = 7,937)
a.	Definitely no	68.2% (± 1.7%)	71.5% (± 1.3%)
b.	Probably no	18.1 (± 1.4)	19.5 (± 0.9)
c.	Probably yes	9.4 (± 1.1)	6.2 (± 0.8)
d.	Definitely yes	4.3 (± 0.7)	2.9 (± 0.4)

51.	During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
		Local ( <i>n</i> = 2,964)	State ( <i>n</i> = 7,918)
a.	0 days	76.2% (± 1.5%)	72.9% (± 2.0%)
b.	1–2 days	11.5 (± 1.2)	13.5 (± 0.9)
c.	3–4 days	3.6 (± 0.7)	4.5 (± 0.6)
d.	5–6 days	2.2 (± 0.5)	1.9 (± 0.3)
e.	7 days	6.6 (± 0.9)	7.3 (± 1.1)

[Items 52–53 appear only on the secondary version of the survey.]

54.	Has either of your parents (or guardians) discussed the dangers of tobacco use with you?		
		Local ( <i>n</i> = 2,982)	State ( <i>n</i> = 7,970)
a.	Mother (or female guardian) only	15.7% (± 1.3%)	15.0% (± 1.0%)
b.	Father (or male guardian) only	4.2 (± 0.7)	3.9 (± 0.4)
c.	Both	58.1 (± 1.8)	61.9 (± 1.6)
d.	Neither	22.0 (± 1.5)	19.3 (± 1.0)

[Items 55–56 appears only on the secondary version of the survey.]

### Other Alcohol- and Drug-Related Questions

[Items 57–59 appears only on the secondary version of the survey.]

60.	Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)		
		Local ( <i>n</i> = 3,169)	State ( <i>n</i> = 8,538)
a.	None	94.0% (± 0.8%)	97.0% (± 0.5%)
b.	Once	3.4 (± 0.6)	1.8 (± 0.4)
c.	Twice	1.6 (± 0.4)	0.6 (± 0.2)
d.	3–5 times	0.5 (± 0.2)	0.3 (± 0.1)
e.	6–9 times	0.2 (± 0.1)	0.1 (± 0.1)
f.	10 or more times	0.4 (± 0.2)	0.3 (± 0.1)

[Items 61–64 appears only on the secondary version of the survey.]

## Other Health Concerns

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, depression, and gambling behavior. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors, such as wearing a seat belt when in a moving vehicle, can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

### Nutrition and Fitness

[Item 65 appears only on the secondary version of the survey.]

66.	Which of the following are you trying to do about your weight?	Local (n = 2,944)	State (n = 7,890)
	a. I am not trying to do anything about my weight	19.6% (± 1.4%)	25.6% (± 1.4%)
	b. Lose weight	49.4 (± 1.8)	38.2 (± 2.0)
	c. Gain weight	8.0 (± 1.0)	8.8 (± 0.7)
	d. Stay the same weight	23.1 (± 1.5)	27.4 (± 1.3)

[Item 67 appears only on the secondary version of the survey.]

68.	How many sodas or pops did you drink yesterday? (Do not count diet soda.)	Local (n = 2,963)	State (n = 7,926)
	a. None	57.6% (± 1.8%)	68.0% (± 2.1%)
	b. 1	27.8 (± 1.6)	22.5 (± 1.4)
	c. 2	9.3 (± 1.0)	6.0 (± 0.7)
	d. 3	2.8 (± 0.6)	1.7 (± 0.4)
	e. 4 or more	2.5 (± 0.5)	1.7 (± 0.4)

69.	Did you buy any of these at school?	Local (n = 2,945)	State (n = 7,869)
	a. I did not drink sodas or pop yesterday	38.9% (± 1.8%)	50.7% (± 2.3%)
	b. Yes	7.3 (± 0.9)	5.3 (± 1.0)
	c. No	53.8 (± 1.8)	44.0 (± 2.2)

70.	How often do you eat dinner with your family? <sup>†</sup>	Local (n = 2,916)	State (n = 6,125)
	a. Never	5.3% (± 0.8%)	2.9% (± 0.6%)
	b. Rarely	10.2 (± 1.1)	9.0 (± 1.1)
	c. Sometimes	15.2 (± 1.3)	12.5 (± 0.8)
	d. Most of the time	25.3 (± 1.6)	32.6 (± 1.6)
	e. Always	43.9 (± 1.8)	43.0 (± 1.3)

[Items 71–73 appear only on the secondary version of the survey.]

74.	Did you eat breakfast today?	Local (n = 2,974)	State (n = 7,951)
	a. Yes	67.5% (± 1.7%)	77.7% (± 2.2%)
	b. No	32.5 (± 1.7)	22.3 (± 2.2)

**On how many of the past 7 days did you:**

[Items 75–76 appear only on the secondary version of the survey.]

77.	In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)	Local (n = 3,302)	State (n = 8,867)
a.	0 days	7.3% (± 0.9%)	4.8% (± 0.8%)
b.	1 day	5.3 (± 0.8)	4.6 (± 0.5)
c.	2 days	7.5 (± 0.9)	6.8 (± 0.6)
d.	3 days	11.4 (± 1.1)	9.9 (± 0.8)
e.	4 days	12.0 (± 1.1)	12.0 (± 0.8)
f.	5 days	17.8 (± 1.3)	17.6 (± 1.0)
g.	6 days	10.2 (± 1.0)	13.5 (± 1.1)
h.	7 days	28.5 (± 1.5)	30.8 (± 1.4)
78.	On average how many days a week do you walk to or from school?	Local (n = 3,350)	State (n = 9,028)
a.	Never	48.7% (± 1.7%)	66.5% (± 4.8%)
b.	1–2	11.5 (± 1.1)	9.5 (± 1.3)
c.	3–4	8.2 (± 0.9)	6.3 (± 1.0)
d.	I walk every day	31.7 (± 1.6)	17.7 (± 3.0)
79.	On average how many days a week do you ride a bicycle to or from school?	Local (n = 3,334)	State (n = 8,999)
a.	Never	92.0% (± 0.9%)	89.8% (± 1.6%)
b.	1–2	4.1 (± 0.7)	5.2 (± 0.8)
c.	3–4	2.3 (± 0.5)	2.8 (± 0.6)
d.	I bike every day	1.6 (± 0.4)	2.3 (± 0.5)

[Items 80–81 appear only on the secondary version of the survey.]

82.	On an average school day, how many hours do you watch TV, play video games, or use a computer or the Internet for fun?	Local (n = 3,325)	State (n = 8,985)
a.	I do not do these activities on an average school day	7.6% (± 0.9%)	10.2% (± 1.1%)
b.	Less than 1 hour per day	18.6 (± 1.3)	22.3 (± 1.2)
c.	1 hour per day	17.2 (± 1.3)	19.8 (± 1.1)
d.	2 hours per day	22.1 (± 1.4)	21.2 (± 1.0)
e.	3 hours per day	15.2 (± 1.2)	12.6 (± 0.8)
f.	4 hours per day	6.4 (± 0.8)	5.2 (± 0.5)
g.	5 or more hours per day	13.1 (± 1.1)	8.8 (± 1.0)

[Items 83–85 appear only on the secondary version of the survey.]

**Health Conditions and Health Care**

[Items 86–89 appear only on the secondary version of the survey.]

90.	Has a doctor or nurse ever told you that you have asthma?	Local (n = 3,349)	State (n = 9,024)
a.	Yes	13.7% (± 1.2%)	14.8% (± 0.8%)
b.	No	75.0 (± 1.5)	73.8 (± 1.1)
c.	Not sure	11.3 (± 1.1)	11.5 (± 0.8)

	Local (n = 3,331)	State (n = 8,990)
91. Do you still have asthma?		
a. I have never had asthma	68.4% (± 1.6%)	68.7% (± 1.3%)
b. Yes	9.4 (± 1.0)	9.7 (± 0.6)
c. No	12.0 (± 1.1)	10.4 (± 0.7)
d. Not sure	10.2 (± 1.0)	11.2 (± 0.9)

[Items 92–99 appear only on the secondary version of the survey.]

## Safety

[Item 100 appears only on the secondary version of the survey.]

	Local (n = 3,352)	State (n = 9,034)
101. When you ride a bicycle, how often do you wear a helmet?		
a. I do not ride a bicycle	17.7% (± 1.3%)	10.6% (± 1.1%)
b. Never wear a helmet	43.1 (± 1.7)	19.6 (± 2.8)
c. Rarely wear a helmet	11.9 (± 1.1)	13.3 (± 1.3)
d. Sometimes wear a helmet	10.3 (± 1.0)	14.0 (± 0.9)
e. Most of the time wear a helmet	8.0 (± 0.9)	16.9 (± 1.5)
f. Always wear a helmet	9.1 (± 1.0)	25.6 (± 3.0)

[Item 102 appears only on the secondary version of the survey.]

	Local (n = 3,352)	State (n = 9,044)
103. How often do you wear a seat belt when riding in a car (driven by someone else) <sup>B?</sup>		
a. Never	1.0% (± 0.3%)	0.5% (± 0.2%)
b. Rarely	1.1 (± 0.4)	1.1 (± 0.2)
c. Sometimes	5.0 (± 0.7)	2.9 (± 0.5)
d. Most of the time	14.3 (± 1.2)	14.2 (± 1.0)
e. Always	78.6 (± 1.4)	81.3 (± 1.2)

[Item 104 appears only on the secondary version of the survey.]

	Local (n = 3,324)	State (n = 8,982)
105. When you rollerblade or skateboard, how often do you wear a helmet?		
a. I do not rollerblade or ride a skateboard	55.5% (± 1.7%)	44.2% (± 1.9%)
b. Never wear a helmet	24.5 (± 1.5)	17.0 (± 1.6)
c. Rarely wear a helmet	6.1 (± 0.8)	7.6 (± 0.6)
d. Sometimes wear a helmet	4.4 (± 0.7)	6.7 (± 0.6)
e. Most of the time wear a helmet	3.9 (± 0.6)	8.5 (± 0.9)
f. Always wear a helmet	5.7 (± 0.8)	16.1 (± 1.8)

	Local (n = 3,019)	State (n = 8,042)
106. Have you ever ridden in a car driven by someone who had been drinking alcohol?		
a. Yes	28.9% (± 1.6%)	22.2% (± 1.3%)
b. No	54.2 (± 1.8)	58.1 (± 1.2)
c. Not sure	16.9 (± 1.3)	19.8 (± 0.9)

[Item 107 appears only on the secondary version of the survey.]

## Behaviors Related to Intentional Injuries

[Item 108 appears only on the secondary version of the survey.]

109. During the past 30 days, did you carry a weapon such as a gun, knife, or club on school property?	Local (n = 3,183)	State (n = 8,567)
a. Yes	3.8% (± 0.7%)	3.0% (± 0.4%)
b. No	96.2 (± 0.7)	97.1 (± 0.4)

[Items 110–112 appears only on the secondary version of the survey.]

113. Do you try to work out your problems by talking about them?	Local (n = 3,110)	State (n = 8,345)
a. No, never	37.0% (± 1.7%)	26.4% (± 2.1%)
b. Yes, some of the time	34.7 (± 1.7)	34.2 (± 1.1)
c. Yes, most of the time	14.8 (± 1.3)	23.0 (± 1.7)
d. Yes, all of the time	13.5 (± 1.2)	16.4 (± 1.1)

114. During the past 12 months, how many times were you in a physical fight?	Local (n = 3,159)	State (n = 8,451)
a. 0 times	67.2% (± 1.6%)	69.4% (± 1.5%)
b. 1 time	14.0 (± 1.2)	13.8 (± 0.8)
c. 2–3 times	8.4 (± 1.0)	8.4 (± 0.7)
d. 4–5 times	3.2 (± 0.6)	2.7 (± 0.4)
e. 6 or more times	7.2 (± 0.9)	5.7 (± 0.6)

[Items 115–118 appear only on the secondary version of the survey.]

## Depression

[Items 119–122 appear only on the secondary version of the survey.]

123. Have you ever seriously thought about killing yourself?	Local (n = 3,123)	State (n = 8,395)
a. Yes	17.6% (± 1.3%)	15.8% (± 1.2%)
b. No	82.4 (± 1.3)	84.3 (± 1.2)

124. Have you ever tried to kill yourself?	Local (n = 3,129)	State (n = 8,397)
a. Yes	6.6% (± 0.9%)	4.7% (± 0.7%)
b. No	93.4 (± 0.9)	95.3 (± 0.7)

125. When you feel sad or hopeless, are there adults you can turn to for help?	Local (n = 3,125)	State (n = 8,373)
a. I never feel sad or hopeless	18.7% (± 1.4%)	18.5% (± 1.0%)
b. Yes	58.0 (± 1.7)	62.0 (± 1.6)
c. No	11.0 (± 1.1)	8.4 (± 0.7)
d. Not sure	12.4 (± 1.2)	11.2 (± 0.8)

[Items 126–127 appear only on the secondary version of the survey.]

## Gambling

[Items 128–129 appear only on the secondary version of the survey.]

## School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

130. A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?
- I have not been bullied
  - Once
  - 2–3 times
  - About once a week
  - Several times a week

	Local (n = 3,149)	State (n = 8,473)
	70.3% (± 1.6%)	70.4% (± 1.4%)
	15.1 (± 1.3)	14.9 (± 0.8)
	7.7 (± 0.9)	7.1 (± 0.7)
	2.1 (± 0.5)	2.2 (± 0.4)
	4.9 (± 0.7)	5.4 (± 0.6)

[Items 131–136 appear only on the secondary version of the survey.]

## Quality of Life

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the items related to individual quality of life.

[Items 137–147 appear only on the secondary version of the survey.]

	Local (n = 3,311)	State (n = 8,901)
148. Do you have goals and plans for the future?		
a. No	11.3% (± 1.1%)	12.4% (± 0.9%)
b. Yes	88.7 (± 1.1)	87.6 (± 0.9)

## Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research has shown that protective factors exert a positive influence against the negative influence of risk factors. The survey included substantial coverage of risk and protective factors based on the work of Drs. Hawkins and Catalano and associates at the University of Washington. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey items were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

The table on the following page provides the complete list of risk and protective factors and indicates the years the Healthy Youth Survey has included each factor.

**Risk and Protective Factor Framework and Reporting Schedule**

	Healthy Youth Survey Administration Year						
	1995	1998	2000	2002	2004	2006	2008
<b>Community Risk Factors</b>							
Low Neighborhood Attachment	X	X	X	X <sup>S</sup>		X <sup>S</sup>	X <sup>S</sup>
Community Disorganization	X						
Transitions and Mobility	X				X <sup>S</sup>		
Perceived Availability of Drugs	X	X	X	X	X	X	X
Perceived Availability of Handguns	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X
<b>Community Protective Factors</b>							
Opportunities for Prosocial Involvement			X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
<b>Family Risk Factors</b>							
Family History of Antisocial Behavior	X						
Poor Family Management	X			X <sup>S</sup>	X <sup>S</sup>	X <sup>S,†</sup>	X <sup>S,†</sup>
Family Conflict							
Parental Attitudes Favorable towards Drug Use					X <sup>S</sup>		X <sup>S,†</sup>
Parental Attitudes Favorable to Antisocial Behavior	X				X <sup>S</sup>		
Antisocial Behavior Among Familiar Adults				X <sup>S</sup>			
<b>Family Protective Factors</b>							
Attachment							
Opportunities for Prosocial Involvement	X			X	X <sup>E</sup>	X <sup>†</sup>	X <sup>†</sup>
Rewards for Prosocial Involvement	X			X	X <sup>E</sup>	X <sup>†</sup>	X <sup>†</sup>
<b>School Risk Factors</b>							
Academic Failure	X	X	X	X	X	X	X
Low Commitment to School	X	X	X	X	X	X	X
<b>School Protective Factors</b>							
Opportunities for Prosocial Involvement	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
<b>Peer-Individual Risk Factors</b>							
Rebelliousness	X	X					
Gang Involvement							
Perceived Risk of Drug Use		X	X	X	X	X	X
Early Initiation of Drug Use			X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Early Initiation of Antisocial Behavior	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X
Favorable Attitudes Towards Antisocial Behavior	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Sensation Seeking	X	X					
Rewards for Antisocial Involvement		X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Friends' Use of Drugs	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Interaction With Antisocial Peers	X	X			X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Intentions to Use				X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
<b>Peer-Individual Protective Factors</b>							
Interaction With Prosocial Peers					X	X	X
Belief in the Moral Order	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Prosocial Involvement					X	X	X <sup>E</sup>
Rewards for Prosocial Involvement							
Social Skills	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Religiosity		X					

Note. S = Included only on the secondary version; E = Included only on the elementary version; † = Based on optional items.

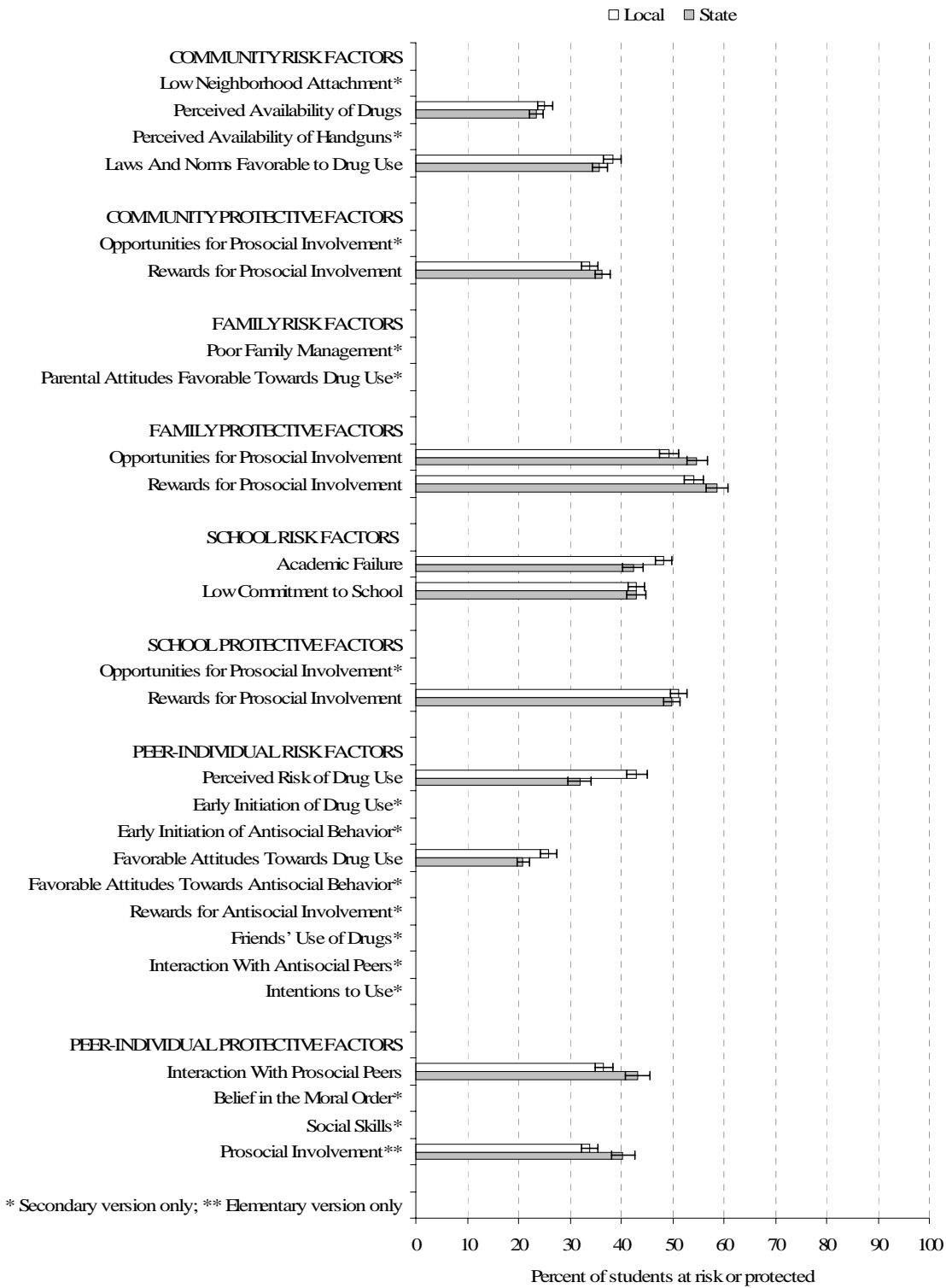
## Risk and Protective Factor Scale Results

For each *risk* factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that *more* students are likely to engage in problem behaviors. For each *protective* factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that *fewer* students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

<b>Community Risk Factors</b>	Local (n = 3,147)	State (n = 8,369)
Perceived Availability of Drugs (Items 152–155)	25.2% (± 1.5%)	23.5% (± 1.3%)
Laws And Norms Favorable to Drug Use (Items 157–162)	38.4% (± 1.7%)	35.9% (± 1.6%)
<b>Community Protective Factors</b>	Local (n = 3,289)	State (n = 8,799)
Rewards for Prosocial Involvement (Items 167–169)	33.8% (± 1.6%)	36.4% (± 1.4%)
<b>Family Risk Factors</b>	[Only on the secondary version of the survey.]	
<b>Family Protective Factors</b>	Local (n = 2,914)	State (n = 6,153)
Opportunities for Prosocial Involvement (Items 178–180)	49.4% (± 1.8%)	54.8% (± 1.9%)
Rewards for Prosocial Involvement (Items 181–184)	54.1% (± 1.8%)	58.6% (± 2.1%)
<b>School Risk Factors</b>	Local (n = 3,230)	State (n = 8,478)
Academic Failure (Items 188–189)	48.3% (± 1.7%)	42.4% (± 2.0%)
Low Commitment to School (Items 190–196)	42.9% (± 1.7%)	43.0% (± 1.8%)
<b>School Protective Factors</b>	Local (n = 3,324)	State (n = 8,908)
Rewards for Prosocial Involvement (Items 202–205)	51.2% (± 1.7%)	49.8% (± 1.6%)
<b>Peer-Individual Risk Factors</b>	Local (n = 2,614)	State (n = 7,187)
Perceived Risk of Drug Use (Items 206–209)	43.0% (± 1.9%)	31.9% (± 2.2%)
Favorable Attitudes Towards Drug Use (Items 224–227)	25.8% (± 1.5%)	20.9% (± 1.2%)
<b>Peer-Individual Protective Factors</b>	Local (n = 3,209)	State (n = 8,617)
Interaction With Prosocial Peers (Items 250–254)	36.6% (± 1.7%)	43.2% (± 2.4%)
Prosocial Involvement (Items 259–261)	33.8% (± 1.6%)	40.4% (± 2.3%)

# Graph of Scale Results

## Risk and Protective Factors



## Risk and Protective Factors: Individual Item Results

The remainder of the report provides results for the individual items used to compute the risk and protective factors.

### Community Domain

[Items 149–151 appear only on the secondary version of the survey.]

152. If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?		
	Local ( <i>n</i> = 3,163)	State ( <i>n</i> = 8,423)
a. Very hard	68.5% (± 1.6%)	67.0% (± 1.3%)
b. Sort of hard	13.4 (± 1.2)	15.6 (± 0.9)
c. Sort of easy	9.0 (± 1.0)	9.3 (± 0.7)
d. Very easy	9.1 (± 1.0)	8.1 (± 0.7)
153. If you wanted to get some cigarettes, how easy would it be for you to get some?		
	Local ( <i>n</i> = 3,154)	State ( <i>n</i> = 8,402)
a. Very hard	72.5% (± 1.5%)	71.5% (± 1.5%)
b. Sort of hard	11.1 (± 1.1)	12.3 (± 0.7)
c. Sort of easy	7.6 (± 0.9)	7.7 (± 0.7)
d. Very easy	8.8 (± 1.0)	8.5 (± 0.9)
154. If you wanted to get some marijuana, how easy would it be for you to get some?		
	Local ( <i>n</i> = 3,143)	State ( <i>n</i> = 8,345)
a. Very hard	82.0% (± 1.3%)	86.0% (± 1.2%)
b. Sort of hard	7.5 (± 0.9)	7.0 (± 0.6)
c. Sort of easy	4.6 (± 0.7)	3.3 (± 0.4)
d. Very easy	5.9 (± 0.8)	3.7 (± 0.6)
155. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?		
	Local ( <i>n</i> = 3,130)	State ( <i>n</i> = 8,318)
a. Very hard	86.3% (± 1.2%)	88.4% (± 1.0%)
b. Sort of hard	6.5 (± 0.9)	6.3 (± 0.6)
c. Sort of easy	3.6 (± 0.6)	2.6 (± 0.5)
d. Very easy	3.6 (± 0.6)	2.6 (± 0.4)

[Item 156 appears only on the secondary version of the survey.]

157. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age to use marijuana?		
	Local ( <i>n</i> = 3,216)	State ( <i>n</i> = 8,577)
a. Very wrong	81.8% (± 1.3%)	86.4% (± 1.0%)
b. Wrong	10.1 (± 1.0)	8.4 (± 0.6)
c. A little bit wrong	4.9 (± 0.7)	2.9 (± 0.5)
d. Not wrong at all	3.2 (± 0.6)	2.2 (± 0.4)
158. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age to drink alcohol?		
	Local ( <i>n</i> = 3,210)	State ( <i>n</i> = 8,649)
a. Very wrong	75.0% (± 1.5%)	78.3% (± 1.1%)
b. Wrong	15.5 (± 1.3)	14.2 (± 0.8)
c. A little bit wrong	6.7 (± 0.9)	5.0 (± 0.5)
d. Not wrong at all	2.9 (± 0.6)	2.4 (± 0.5)

159. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age to smoke cigarettes?	Local (n = 3,202)	State (n = 8,647)
a. Very wrong	79.5% (± 1.4%)	80.5% (± 1.1%)
b. Wrong	12.8 (± 1.2)	12.1 (± 0.7)
c. A little bit wrong	5.1 (± 0.8)	4.6 (± 0.6)
d. Not wrong at all	2.7 (± 0.6)	2.9 (± 0.5)
160. If a kid drank some beer, wine, or hard liquor (for example, vodka, whiskey, or gin) in your neighborhood <sup>C</sup> / community <sup>A</sup> would he or she be caught by the police?	Local (n = 3,200)	State (n = 8,540)
a. NO!	15.5% (± 1.3%)	12.8% (± 1.0%)
b. no	23.0 (± 1.5)	26.9 (± 1.1)
c. yes	28.0 (± 1.5)	30.5 (± 1.1)
d. YES!	33.4 (± 1.6)	29.8 (± 1.3)
161. If a kid carried a handgun in your neighborhood <sup>C</sup> / community <sup>A</sup> would he or she be caught by the police?	Local (n = 3,203)	State (n = 8,568)
a. NO!	10.8% (± 1.1%)	9.0% (± 0.8%)
b. no	12.8 (± 1.2)	13.5 (± 0.8)
c. yes	26.5 (± 1.5)	28.1 (± 1.0)
d. YES!	50.0 (± 1.7)	49.5 (± 1.4)
162. If a kid smoked marijuana in your neighborhood <sup>C</sup> / community <sup>A</sup> would he or she be caught by the police?	Local (n = 3,198)	State (n = 8,511)
a. NO!	12.2% (± 1.1%)	9.5% (± 0.9%)
b. no	17.9 (± 1.3)	18.5 (± 1.0)
c. yes	28.8 (± 1.6)	32.4 (± 1.2)
d. YES!	41.2 (± 1.7)	39.6 (± 1.4)

[Item 163 appears only on the secondary version of the survey.]

***Which of the following activities for people your age are available in your community?***

[Item 164–166 appears only on the secondary version of the survey.]

167. My neighbors notice when I am doing a good job and let me know.	Local (n = 3,290)	State (n = 8,801)
a. NO!	46.0% (± 1.7%)	39.6% (± 1.7%)
b. no	30.4 (± 1.6)	34.1 (± 1.2)
c. yes	16.8 (± 1.3)	19.8 (± 1.2)
d. YES!	6.8 (± 0.9)	6.5 (± 0.6)
168. There are people in my neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> who encourage me to do my best.	Local (n = 3,287)	State (n = 8,797)
a. NO!	32.9% (± 1.6%)	28.6% (± 1.5%)
b. no	24.2 (± 1.5)	26.3 (± 1.1)
c. yes	29.1 (± 1.5)	31.8 (± 1.1)
d. YES!	13.8 (± 1.2)	13.4 (± 0.9)

169. There are people in my neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> who are proud of me when I do something well.	Local (n = 3,278)	State (n = 8,764)
a. NO!	31.3% (± 1.6%)	27.3% (± 1.5%)
b. no	25.7 (± 1.5)	29.0 (± 1.2)
c. yes	30.1 (± 1.6)	32.2 (± 1.3)
d. YES!	12.9 (± 1.2)	11.6 (± 0.8)

## Family Domain

*The next set of questions asks about your family. When answering these questions, please think about the people you consider to be your family—parents, stepparents, grandparents, aunts, uncles, etc.*

[Items 170–177 appear only on the secondary version of the survey.]

178. If I had a personal problem, I could ask my mom or dad for help. <sup>†</sup>	Local (n = 2,908)	State (n = 6,124)
a. NO!	8.2% (± 1.0%)	6.2% (± 0.7%)
b. no	7.4 (± 1.0)	7.7 (± 0.7)
c. yes	31.5 (± 1.7)	30.3 (± 1.2)
d. YES!	52.9 (± 1.8)	55.9 (± 1.7)
179. My parents give me lots of chances to do fun things with them. <sup>†</sup>	Local (n = 2,928)	State (n = 6,192)
a. NO!	8.7% (± 1.0%)	5.9% (± 0.7%)
b. no	12.8 (± 1.2)	11.8 (± 0.9)
c. yes	38.3 (± 1.8)	39.3 (± 1.3)
d. YES!	40.2 (± 1.8)	43.1 (± 1.5)
180. My parents ask me what I think before most family decisions affecting me are made. <sup>†</sup>	Local (n = 2,872)	State (n = 6,062)
a. NO!	13.0% (± 1.2%)	9.9% (± 1.0%)
b. no	18.5 (± 1.4)	18.3 (± 1.3)
c. yes	40.9 (± 1.8)	40.2 (± 1.3)
d. YES!	27.7 (± 1.6)	31.6 (± 1.6)
181. My parents notice when I am doing a good job and let me know about it. <sup>†</sup>	Local (n = 2,905)	State (n = 6,115)
a. Never or almost never	8.5% (± 1.0%)	5.9% (± 0.7%)
b. Sometimes	22.6 (± 1.5)	18.5 (± 1.4)
c. Often	24.0 (± 1.5)	27.3 (± 1.1)
d. All the time	44.9 (± 1.8)	48.3 (± 1.7)
182. How often do your parents tell you they're proud of you for something you've done? <sup>†</sup>	Local (n = 2,905)	State (n = 6,091)
a. Never or almost never	6.7% (± 0.9%)	4.6% (± 0.6%)
b. Sometimes	18.3 (± 1.4)	16.0 (± 1.2)
c. Often	27.4 (± 1.6)	31.7 (± 1.2)
d. All the time	47.6 (± 1.8)	47.7 (± 1.9)
183. Do you enjoy spending time with your mom <sup>C</sup> /mother <sup>A</sup> ? <sup>†</sup>	Local (n = 2,907)	State (n = 6,105)
a. NO!	3.4% (± 0.7%)	2.3% (± 0.5%)
b. no	3.9 (± 0.7)	3.0 (± 0.4)
c. yes	25.0 (± 1.6)	25.2 (± 1.3)
d. YES!	67.7 (± 1.7)	69.5 (± 1.4)

	Local (n = 2,867)	State (n = 6,034)
184. Do you enjoy spending time with your dad <sup>C</sup> /father <sup>A,†</sup> ?		
a. NO!	7.7% (± 1.0%)	5.3% (± 0.8%)
b. no	5.1 (± 0.8)	4.7 (± 0.6)
c. yes	25.7 (± 1.6)	24.5 (± 1.3)
d. YES!	61.6 (± 1.8)	65.5 (± 1.8)

[Items 185–187 appear only on the secondary version of the survey.]

## School Domain

	Local (n = 3,281)	State (n = 8,688)
188. Putting them all together, what were your grades like last year?		
a. Mostly As	33.2% (± 1.6%)	40.0% (± 2.7%)
b. Mostly Bs	41.0 (± 1.7)	41.0 (± 2.0)
c. Mostly Cs	17.3 (± 1.3)	14.5 (± 1.2)
d. Mostly Ds	4.9 (± 0.7)	2.8 (± 0.5)
e. Mostly Fs	3.6 (± 0.6)	1.7 (± 0.5)
189. Are your school grades better than the grades of most students in your class?		
a. NO!	8.6% (± 1.0%)	6.3% (± 0.9%)
b. no	32.4 (± 1.6)	31.3 (± 1.4)
c. yes	45.9 (± 1.7)	49.3 (± 1.5)
d. YES!	13.1 (± 1.2)	13.1 (± 1.2)
190. How often do you feel the schoolwork you are assigned is meaningful and important?		
a. Almost always	32.3% (± 1.6%)	29.6% (± 1.4%)
b. Often	24.8 (± 1.5)	27.9 (± 1.1)
c. Sometimes	31.1 (± 1.6)	29.3 (± 1.1)
d. Seldom	7.1 (± 0.9)	8.5 (± 0.7)
e. Never	4.8 (± 0.7)	4.7 (± 0.5)
191. How interesting are most of your courses to you?		
a. Very interesting and stimulating	18.9% (± 1.4%)	13.9% (± 1.2%)
b. Quite interesting	37.9 (± 1.7)	36.1 (± 1.3)
c. Fairly interesting	29.7 (± 1.6)	32.9 (± 1.2)
d. Slightly dull	8.8 (± 1.0)	11.7 (± 0.9)
e. Very dull	4.8 (± 0.7)	5.4 (± 0.5)
192. How important do you think the things you are learning in school are going to be for you later in life?		
a. Very important	65.5% (± 1.6%)	55.7% (± 2.4%)
b. Quite important	20.6 (± 1.4)	25.6 (± 1.5)
c. Fairly important	8.9 (± 1.0)	12.3 (± 1.0)
d. Slightly important	3.3 (± 0.6)	4.8 (± 0.5)
e. Not at all important	1.7 (± 0.4)	1.7 (± 0.3)

**Think back over the past year in school. How often did you:**

	Local (n = 3,350)	State (n = 9,034)
193. Enjoy being in school?		
a. Never	10.2% (± 1.0%)	7.3% (± 0.9%)
b. Seldom	5.4 (± 0.8)	6.7 (± 0.6)
c. Sometimes	36.1 (± 1.6)	32.6 (± 1.1)
d. Often	20.8 (± 1.4)	25.2 (± 1.2)
e. Almost always	27.5 (± 1.5)	28.2 (± 1.3)
194. Hate being in school?	Local (n = 3,311)	State (n = 8,981)
a. Never	20.9% (± 1.4%)	18.7% (± 0.9%)
b. Seldom	17.2 (± 1.3)	25.5 (± 1.9)
c. Sometimes	42.8 (± 1.7)	38.8 (± 1.4)
d. Often	10.2 (± 1.0)	9.2 (± 0.6)
e. Almost always	8.9 (± 1.0)	7.9 (± 0.9)
195. Try to do your best work in school?	Local (n = 3,308)	State (n = 8,980)
a. Never	1.5% (± 0.4%)	1.3% (± 0.2%)
b. Seldom	1.7 (± 0.5)	1.3 (± 0.3)
c. Sometimes	8.7 (± 1.0)	5.8 (± 0.6)
d. Often	18.7 (± 1.3)	18.1 (± 0.9)
e. Almost always	69.4 (± 1.6)	73.5 (± 1.3)
196. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?	Local (n = 3,336)	State (n = 8,993)
a. None	78.5% (± 1.4%)	82.1% (± 1.3%)
b. 1	9.8 (± 1.0)	8.7 (± 0.8)
c. 2	4.6 (± 0.7)	3.9 (± 0.5)
d. 3	3.0 (± 0.6)	2.4 (± 0.3)
e. 4–5	2.6 (± 0.5)	1.9 (± 0.3)
f. 6–10	1.0 (± 0.3)	0.5 (± 0.2)
g. 11 or more	0.5 (± 0.2)	0.5 (± 0.2)
[Items 197–201 appear only on the secondary version of the survey.]		
202. My teacher(s) notices when I am doing a good job and lets me know about it.	Local (n = 3,321)	State (n = 8,933)
a. NO!	7.1% (± 0.9%)	5.4% (± 0.6%)
b. no	14.7 (± 1.2)	15.5 (± 1.0)
c. yes	53.3 (± 1.7)	55.2 (± 1.1)
d. YES!	24.9 (± 1.5)	23.9 (± 1.2)
203. The school lets my parents know when I have done something well.	Local (n = 3,323)	State (n = 8,870)
a. NO!	15.3% (± 1.2%)	13.9% (± 1.1%)
b. no	30.3 (± 1.6)	35.3 (± 1.2)
c. yes	37.5 (± 1.6)	37.2 (± 1.4)
d. YES!	16.9 (± 1.3)	13.6 (± 1.0)

	Local	State
204. I feel safe at my school.	(n = 3,278)	(n = 8,828)
a. NO! <sup>A,C</sup> / Definitely NOT true <sup>B</sup>	5.1% (± 0.7%)	3.6% (± 0.6%)
b. no <sup>A,C</sup> / Mostly not true <sup>B</sup>	9.0 (± 1.0)	8.0 (± 0.9)
c. yes <sup>A,C</sup> / Mostly true <sup>B</sup>	44.8 (± 1.7)	46.8 (± 1.6)
d. YES! <sup>A,C</sup> / Definitely true <sup>B</sup>	41.1 (± 1.7)	41.5 (± 2.2)

	Local	State
205. My teachers praise me when I work hard in school.	(n = 3,211)	(n = 8,713)
a. NO!	13.8% (± 1.2%)	11.8% (± 0.9%)
b. no	27.8 (± 1.5)	30.3 (± 1.4)
c. yes	44.2 (± 1.7)	44.7 (± 1.5)
d. YES!	14.2 (± 1.2)	13.3 (± 0.9)

## Peer and Individual Domain

### *How much do you think people risk harming themselves if they:*

	Local	State
206. Smoke one or more packs of cigarettes per day?	(n = 3,087)	(n = 8,242)
a. No risk	11.1% (± 1.1%)	6.0% (± 1.0%)
b. Slight risk	5.8 (± 0.8)	4.6 (± 0.5)
c. Moderate risk	11.7 (± 1.1)	13.6 (± 0.7)
d. Great risk	53.6 (± 1.8)	63.8 (± 2.2)
e. Not sure	17.8 (± 1.4)	12.0 (± 1.3)

	Local	State
207. Try marijuana once or twice?	(n = 3,065)	(n = 8,175)
a. No risk	18.0% (± 1.4%)	9.4% (± 1.4%)
b. Slight risk	13.9 (± 1.2)	15.5 (± 1.0)
c. Moderate risk	18.6 (± 1.4)	23.3 (± 1.4)
d. Great risk	35.4 (± 1.7)	39.0 (± 1.5)
e. Not sure	14.1 (± 1.2)	12.8 (± 1.1)

	Local	State
208. Smoke marijuana regularly (at least once or twice a week)?	(n = 3,055)	(n = 8,154)
a. No risk	16.7% (± 1.3%)	8.1% (± 1.4%)
b. Slight risk	5.2 (± 0.8)	3.8 (± 0.5)
c. Moderate risk	11.2 (± 1.1)	10.3 (± 0.9)
d. Great risk	53.4 (± 1.8)	67.0 (± 2.6)
e. Not sure	13.5 (± 1.2)	10.8 (± 1.0)

	Local	State
209. Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?	(n = 3,041)	(n = 8,147)
a. No risk	22.4% (± 1.5%)	14.7% (± 1.4%)
b. Slight risk	17.7 (± 1.4)	18.9 (± 1.0)
c. Moderate risk	20.4 (± 1.4)	25.2 (± 1.2)
d. Great risk	26.1 (± 1.6)	30.5 (± 1.5)
e. Not sure	13.4 (± 1.2)	10.8 (± 0.9)

**How old were you the first time you:**

[Item 210 appears only on the secondary version of the survey.]

211. Have you ever, even once in your lifetime smoked marijuana?	Local (n = 3,183)	State (n = 8,588)
a. Yes	4.1% (± 0.7%)	2.7% (± 0.5%)
b. No	95.9 (± 0.7)	97.3 (± 0.5)

[Items 212–213 appear only on the secondary version of the survey.]

214. Have you ever, even once in your lifetime had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	Local (n = 3,165)	State (n = 8,525)
a. Yes	33.3% (± 1.6%)	29.2% (± 1.4%)
b. No	66.7 (± 1.6)	70.8 (± 1.4)

[Items 215–223 appear only on the secondary version of the survey.]

**How wrong do you think it is for someone your age to:**

224. Drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?	Local (n = 3,078)	State (n = 8,203)
a. Very wrong	78.9% (± 1.5%)	83.0% (± 1.0%)
b. Wrong	13.7 (± 1.2)	11.8 (± 0.7)
c. A little bit wrong	5.3 (± 0.8)	4.0 (± 0.5)
d. Not wrong at all	2.1 (± 0.5)	1.2 (± 0.3)

225. Smoke cigarettes?	Local (n = 3,062)	State (n = 8,188)
a. Very wrong	84.4% (± 1.3%)	88.2% (± 1.1%)
b. Wrong	11.4 (± 1.1)	8.8 (± 0.8)
c. A little bit wrong	3.0 (± 0.6)	2.2 (± 0.4)
d. Not wrong at all	1.2 (± 0.4)	0.8 (± 0.2)

226. Smoke marijuana?	Local (n = 3,035)	State (n = 8,101)
a. Very wrong	89.6% (± 1.1%)	92.9% (± 0.8%)
b. Wrong	6.4 (± 0.9)	4.9 (± 0.6)
c. A little bit wrong	2.4 (± 0.5)	1.4 (± 0.3)
d. Not wrong at all	1.7 (± 0.5)	0.9 (± 0.2)

227. Use LSD, cocaine, amphetamines, or another illegal drug?	Local (n = 3,034)	State (n = 8,112)
a. Very wrong	92.2% (± 1.0%)	94.6% (± 0.7%)
b. Wrong	4.9 (± 0.8)	3.6 (± 0.5)
c. A little bit wrong	1.5 (± 0.4)	0.9 (± 0.2)
d. Not wrong at all	1.5 (± 0.4)	1.0 (± 0.2)

[Items 228–249 appear only on the secondary version of the survey.]

**Think about your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have...**

	Local (n = 3,219)	State (n = 8,562)
250. Participated in clubs, organizations or activities at school?		
a. None of my friends	26.6% (± 1.5%)	20.2% (± 1.8%)
b. 1 of my friends	17.0 (± 1.3)	18.1 (± 0.9)
c. 2 of my friends	18.7 (± 1.4)	20.2 (± 0.9)
d. 3 of my friends	11.8 (± 1.1)	14.7 (± 1.2)
e. 4 of my friends	26.0 (± 1.5)	26.8 (± 1.4)

	Local (n = 3,192)	State (n = 8,507)
251. Made a commitment to stay drug-free?		
a. None of my friends	26.0% (± 1.5%)	19.7% (± 1.9%)
b. 1 of my friends	6.7 (± 0.9)	5.8 (± 0.6)
c. 2 of my friends	5.4 (± 0.8)	4.6 (± 0.5)
d. 3 of my friends	5.1 (± 0.8)	5.4 (± 0.5)
e. 4 of my friends	56.9 (± 1.7)	64.5 (± 2.5)

	Local (n = 3,206)	State (n = 8,586)
252. Liked school?		
a. None of my friends	21.4% (± 1.4%)	17.1% (± 1.5%)
b. 1 of my friends	13.8 (± 1.2)	13.9 (± 0.7)
c. 2 of my friends	17.0 (± 1.3)	18.0 (± 0.9)
d. 3 of my friends	16.0 (± 1.3)	19.0 (± 1.0)
e. 4 of my friends	31.9 (± 1.6)	31.9 (± 1.4)

	Local (n = 3,094)	State (n = 8,326)
253. Regularly attended religious services?		
a. None of my friends	38.6% (± 1.7%)	32.0% (± 2.0%)
b. 1 of my friends	17.8 (± 1.4)	22.4 (± 1.2)
c. 2 of my friends	15.5 (± 1.3)	18.7 (± 1.1)
d. 3 of my friends	11.7 (± 1.1)	12.6 (± 0.9)
e. 4 of my friends	16.5 (± 1.3)	14.3 (± 1.2)

	Local (n = 3,202)	State (n = 8,587)
254. Tried to do well in school?		
a. None of my friends	6.7% (± 0.9%)	4.7% (± 0.6%)
b. 1 of my friends	7.3 (± 0.9)	5.8 (± 0.5)
c. 2 of my friends	10.0 (± 1.0)	8.6 (± 0.7)
d. 3 of my friends	13.2 (± 1.2)	12.5 (± 0.7)
e. 4 of my friends	62.9 (± 1.7)	68.4 (± 1.4)

[Items 255–258 appear only on the secondary version of the survey.]

**How many times in the past year (12 months) have you . . .**

	Local (n = 3,278)	State (n = 8,822)
259. Participated in clubs, organizations or activities at school?		
a. Never	31.6% (± 1.6%)	26.3% (± 2.3%)
b. 1 or 2 times	31.7 (± 1.6)	30.0 (± 1.1)
c. 3 to 5 times	15.1 (± 1.2)	17.5 (± 1.0)
d. 6 to 9 times	7.8 (± 0.9)	9.2 (± 0.7)
e. 10 to 19 times	5.4 (± 0.8)	6.1 (± 0.7)
f. 20 to 29 times	2.7 (± 0.5)	3.0 (± 0.4)
g. 30 to 39 times	1.3 (± 0.4)	1.9 (± 0.3)
h. 40+ times	4.5 (± 0.7)	6.0 (± 0.8)

	Local		State	
260. Done extra work on your own for school?	(n = 3,262)		(n = 8,766)	
a. Never	27.7%	(± 1.5%)	25.7%	(± 1.7%)
b. 1 or 2 times	32.1	(± 1.6)	31.9	(± 1.2)
c. 3 to 5 times	18.0	(± 1.3)	16.9	(± 0.8)
d. 6 to 9 times	9.8	(± 1.0)	10.3	(± 0.8)
e. 10 to 19 times	5.0	(± 0.7)	6.6	(± 0.6)
f. 20 to 29 times	2.5	(± 0.5)	3.1	(± 0.4)
g. 30 to 39 times	1.0	(± 0.3)	1.5	(± 0.3)
h. 40+ times	4.1	(± 0.7)	3.9	(± 0.5)
261. Volunteered to do community service?	Local		State	
	(n = 3,240)		(n = 8,758)	
a. Never	61.7%	(± 1.7%)	51.8%	(± 2.6%)
b. 1 or 2 times	19.7	(± 1.4)	23.7	(± 1.1)
c. 3 to 5 times	8.0	(± 0.9)	10.3	(± 1.1)
d. 6 to 9 times	4.3	(± 0.7)	6.0	(± 0.7)
e. 10 to 19 times	3.0	(± 0.6)	3.5	(± 0.5)
f. 20 to 29 times	1.0	(± 0.3)	1.5	(± 0.3)
g. 30 to 39 times	0.6	(± 0.3)	0.7	(± 0.2)
h. 40+ times	1.8	(± 0.5)	2.5	(± 0.4)

[Items 262–265 appear only on the secondary version of the survey.]

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