



33 S. Second Avenue
Yakima, WA 98902
www.esd105.wednet.edu
509-575-2885

Contact:
Ann Allen
Learning Support Director
(509) 454-3107
anna@esd105.wednet.edu

Norm Walker
Safe & Drug-Free Schools/
Counseling Coordinator
(509) 454-5300
normw@esd105.wednet.edu

Cathy Kelley
Prevention/Intervention
Program Coordinator
(509) 454-3104
cathyk@esd105.wednet.edu

Susan Martin
Prevention Coordinator
(509) 454-3127
susanm@esd105.wednet.edu

Anna Marie Dufault
Tobacco Prevention Coordinator
(509) 454-3130
annamariem@esd105.wednet.edu

**Some of our
community resources**

- Central Washington Community Mental Health
- Child Abuse/Neglect Coordinating Council
- Department of Social and Health Services
- Division of Alcohol and Substance Abuse
- Juvenile Justice
- Local law enforcement
- Merit Resource Services
- School counselors
- Yakima Anti-Tobacco Alliance

**Serving.
Delivering.
Inspiring.**

The Safe and Drug-Free Schools program at ESD 105 helps keep kids ready to learn by providing educational services in preventing bullying and illegal substance use, appropriate intervention strategies, and assistance with crisis response and recovery. These efforts also incorporate the involvement of parents, community agencies, and state and federal resources in helping guide student success.



Services we offer include:

- Training and consulting with behavior management and discipline, violence prevention, and prevention and intervention of bullying and harassment
- Consulting in developing comprehensive guidance and counseling programs that emphasize the American School Counselor Association's (ASCA) national model
- Training in student motivation curriculum
- Crisis management training, and assistance with crisis response and recovery
- Developing school-wide alcohol, tobacco, and drug prevention and intervention programs, through collaboration with other prevention/intervention services and programs.

School Counseling Program

Some of the services we offer to enhance performance-based school counseling programs geared for students' academic, social, and career success are:

- Training and consultation based on the ASCA national model
- School counseling program audits
- Staff development and training on counseling and student guidance topics (including Cognitive Behavioral Therapy for Trauma in Schools, Drug and Alcohol Awareness, Bully Prevention/Intervention, Counseling Strategies, and Guidance Curricula).

Tobacco Prevention

Some of the services we offer to help schools reduce and eliminate tobacco use are:

- Tobacco policy review and development
- Media literacy training for middle school and high school teachers
- Tobacco-related health curriculum training for teachers and staff
- Healthy Youth Survey assessment and evaluation

Substance Abuse Prevention/Intervention

We offer schools specialists and programs to promote skills and attitudes necessary to help kids resist the pressures to use alcohol, tobacco, and other drugs.

We also assist in treatment referrals and help with students' transition from treatment back into school. Services include:

- Programs and workshops that provide training and support for intervention specialists
- Partnerships with community agencies to intervene with students involved in substance abuse and violence
- Training on how substance use affects student learning and brain development

